

LADDER SAFETY EXTENSION LADDER SAFETY

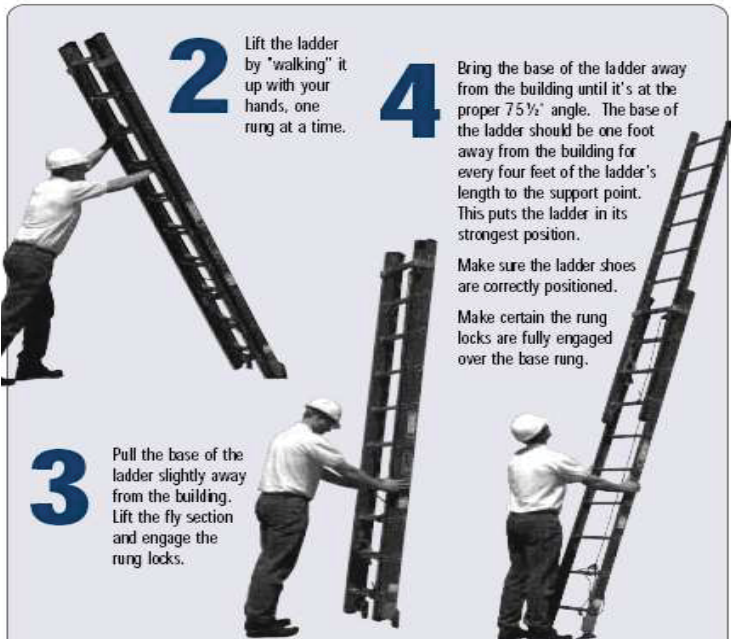
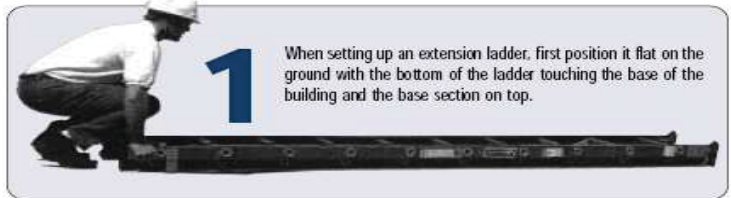
DO

- Use the right ladder for the job. Ladder classification and capacity should be clearly labeled on the side rung of the ladder.
- Use only one extension ladder.
- Make sure weather conditions are suitable for working on ladder.
- Look overhead before placing a ladder, with special attention to power lines and other electrical hazards.
- Use a ladder that is in-service and inspect all ladders for damage prior to use.
- Set up the ladder on the ground, floor or other level, stable surface and make sure it's properly footed and secure before climbing.
- Take your time climbing and always use the 3-point contact system when working.
- Face the ladder while ascending and descending.
- Use a belt designed for ladder work to carry tools or use a bucket to lift objects to the work area.
- Wear proper non-skid rubber soled footwear and watch for slip hazards. Make sure your shoes and rungs are as clean as possible.
- Use a barricade to keep traffic or activity away from the ladder.

DON'T

- Use step ladders in place of extension ladder or stand above highest "safe standing level" prescribed by the ladder's manufacturer.
- Take ladders apart or tie a ladder to the top of another.
- Use extension ladder in wind or other unsafe conditions.
- Use ladders less than 10 feet away from electrical lines and assume the area above the ladder is clear of hazards.

RAISING EXTENSION LADDERS



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- Use a ladder that is out of service.
- Use ladder on uneven ground.
- Hurry up a ladder or overreach beyond the side sills. Keep your hips inside the rails.
- Turn your back to the ladder at any time.
- Carry heavy objects or tools up the ladder or carry tools in hand.
- Climb a ladder in slippery shoes.
- Leave the ladder unattended.

DISCUSSION LEADER DUTIES:

Obtain a ladder that you or an employee can use during the discussion to demonstrate key points.

WHAT THIS TOOLBOX TALK COVERS:

This toolbox talk covers several “Do’s” and “Don’ts” of using extension ladders.

DISCUSSION NOTES:

Discuss the various negative outcomes that would result from each example of “Don’t” and why it is important to “Do” the right thing.

REVIEW QUESTIONS: TRUE OR FALSE

1) Mulch and soft soil can be used to level an extension ladder.

FALSE: A ladder must be placed on stable surface before being used to access another level.

2) Extension ladders can be tied together or separated when you need a longer or shorter ladder.

FALSE: Never tie together or separate extension ladders. Use these ladders as they came from the manufacturer.

3) An extension ladder can be used on a windy day if it is footed on a proper surface.

FALSE: Don’t use an extension ladder in wind or other unsafe conditions.

Talk Given By: _____

Date: _____

Company: _____

Location: _____

Printed Name

Signature

Printed Name	Signature

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